

*Psalms of*  
**ASCENT**

**Psalm 121:1-2** NIV

I lift up my eyes to the mountains—  
where does my help come from?  
<sup>2</sup> My help comes from the LORD,  
the Maker of heaven and earth.

**Psalm 121:3-6** NIV

He will not let your foot slip—

he who watches over you will not slumber;

<sup>4</sup> indeed, he who watches over Israel

will neither slumber nor sleep.

<sup>5</sup> The LORD watches over you—

the LORD is your shade at your right hand;

<sup>6</sup> the sun will not harm you by day,


nor the moon by night.

**Psalm 121:7-8** NIV

The LORD will keep you from all harm—  
he will watch over your life;

<sup>8</sup> the LORD will watch over your coming and going  
both now and forevermore.

# Hebrew



# Feasts

**Sabbath:**

*celebrated the rest God provides*

**Passover & Feast of Unleavened Bread:**

*celebrated the Exodus*

**The Feast of Weeks (Pentecost):**

*celebrated the harvest and the covenant*

**The Feast of Trumpets:**

*celebrated a new agricultural year and called for repentance*

**The Day of Atonement:**

*celebrated God removing Israel's sin*

**The Feast of Tabernacles:**

*celebrated the wilderness journey*

# The Church Calendar

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**Sabbath/Lord's Day:**

*celebrates the finished work of Jesus*

**Advent:**

*four-week anticipation of Christmas*

**Christmas:**

*celebrates the birth of Christ*

**Epiphany:**

*celebrates the arrival of the wise men*

**Lent:**

*40 days of reflection prior to Easter*

**Holy Week:**

*celebrates the passion of Jesus and the resurrection*

# Our Cultural Calendar



## **Back to School:**

*celebrates the start of new things*

## **Halloween–Thanksgiving:**

*celebrates football, fall, friends, and family*

## **Christmas:**

*celebrates Santa, gifts, and a cappella music*

## **Valentine's Day:**

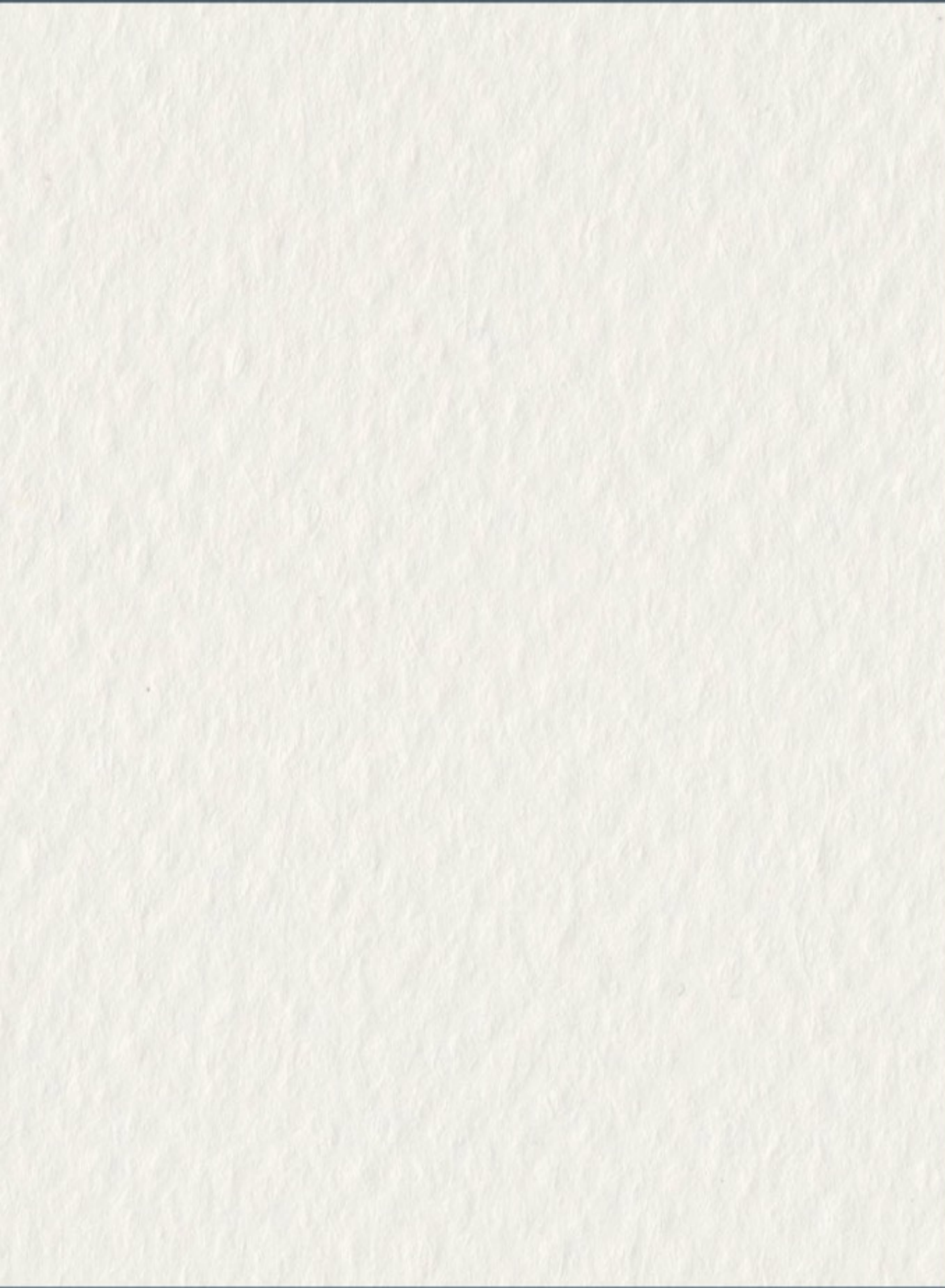
*celebrates romantic love*

## **Spring Break:**

*celebrates rest and recreation*

## **Memorial Day & Independence Day:**

*remembers fallen veterans, celebrates America, and launches summer*



“There is a great market for religious experience in our world; there is little enthusiasm for the patient acquisition of virtue, little inclination to sign up for a long apprenticeship in what earlier generations of Christians called holiness.”

- Eugene Peterson

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