

# Men's Retreat Directions and Packing List 2025

## LOCATION:

Norfolk Resort and Trout Dock\*  
141 River Meadows Dr.  
Norfolk, AR 72658

**\* NOT to be confused with Norfolk River Trout Dock.**

## DIRECTIONS:

*Confluence of White and North Fork Rivers: 14 miles South of Mt. Home on Hwy 5.*

Directions from Mt Home: Highway 5 south. 8 miles Y in road in Salesville. Highway 5 take a right. Don't go straight as you will run into the Y store. Proceed south on 5 until you cross the Norfolk bridge. Take the first hard right. 150 yards cross the tracks and take the first left.

We will check in at cabin 5 (first cabin on the right). Leave NWA at your convenience to arrive in Norfolk, AR on Friday. Come anytime, but we anticipate you there after dinner, between 5 pm – 7 pm. Our first session is at 8 pm. **Carpooling is encouraged!**

**\*Dinner will NOT be provided on Friday evening, so please eat dinner before you get to the retreat\***

## PACKING LIST:

- Fishing license and trout stamp (*if using one-day license, purchase for Saturday May 3<sup>rd</sup>. Pre-purchasing is a good choice, can be done at Walmart. Hunstville Walmart is on the way from NWA.*)
- Bible, journal and pen or iPad
- Snacks and drinks for the cabin and boat (*we will provide bottled water and meals*)
- Sunscreen, bug spray, and rain gear – be prepared
- Towels and toiletries **\*Towels not provided on site\***
- Sheets and blankets are provided, but if you are cold-natured, bring an extra sleeping bag or blanket
- Earplugs for sleeping
- Folding chair for outdoor lunch, dinner, and worship gatherings (weather permitting)
- Extension cord to charge phone (All receptacles are in the ceiling due to flood plain)
- Equipment for activities:
  - For boat fishing, boats will be provided. Otherwise, bring your favorite fishing pole with 2 or 4lb green line. If you don't have a light rod, your boat guide will have some.
  - For all other activities – dirt biking, kayaking, trail run/hike, fly fishing, board games, yard games – bring all your own equipment and gear.
- **Cabin Cooks ONLY:** bring a good skillet and spatula (*the ones in the cabins are burnt*)
- **Boat Operators ONLY:** bring a cooler for your boat (*ice is available at the dock*)

We encourage you to print this page and bring it with you - cell reception is spotty near Norfolk.  
*For any questions or concerns, contact Matt Noetzel at 479-871-8331.*